Retrospective Study

Rates of Lead Migration and Stimulation Loss in Spinal Cord Stimulation: A Retrospective Comparison of Laminotomy Versus Percutaneous Implantation

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Disclaimer: There was no external funding in the preparation of this manuscript. Conflict of interest: None.

Manuscript received: 01/13/2011 Revised manuscript received: 08/29/2011 Accepted for publication: 10/03/2011

Free full manuscript: www.painphysicianjournal. com **Background:** Neuromodulation has been used to treat neuropathic pain. Leads have been implanted using laminotomy or percutaneous approaches. Laminotomy implantation has been shown to be superior in terms of lead migration when compared to percutaneous implantation. Lead migration has been reported as high as 68% with the percutaneous approach. Because of this, newer anchors have been developed but not tested in vivo.

Objectives: This study tests the hypothesis that newer anchoring systems have improved lead migration rates for percutaneous leads relative to laminotomy leads to the point of parity. This study also analyzed if factors such as laterality of symptoms, lead type, level of implant and diagnosis affect migration rates.

Study Design: Neurostimulators implanted in the thoracolumbar spine at Henry Ford Hospital between 2006 and 2008 were reviewed for the following: age, sex, diagnosis, lead type, and implant level. Implants were reviewed for the following: age, sex, diagnosis, lead type, implant level, implant method, symptom laterality, loss of stimulation, radiographic lead migration, and time to loss. Loss of capture and lead migration in the laminotomy and percutaneous groups were compared using Fisher's exact test. Variables within each group included: lead type, level of implantation, location of symptoms, and diagnosis. They were compared using Fisher's exact test. Time to loss of stimulation was compared using the Wilcoxon 2-sample test.

Setting: Pain Clinic, Henry Ford Hospital, Detroit, MI.

Results: Laminotomies were performed by a single neurosurgeon and percutaneous implants were performed by a single pain medicine specialist. Percutaneous leads were anchored using Titan (Medtronic Corporation, Minneapolis, MN) anchors. Loss of capture was 24% laminotomy and 23% percutaneous with no significant difference between the 2 groups (P = 0.787). Radiographic evidence of migration was 13.63% percutaneous and 12.67% laminotomy with no significant difference (P = 0.999). The average days to loss of stimulation for the laminotomy versus percutaneous were as follows: 124.82 and 323.6 which were not statistically significant. There was no statistical difference between unilateral or bilateral symptoms in loss of capture within either group (P = 0.263, P = 0.326). There was not enough data to do comparisons by diagnosis. Comparisons of loss of capture based on electrode type was not significant in either group (P = 0.687, P = 0.371). The effect of the spinal level on the lack of recapture rates was not able to be calculated due to the number of levels.

Limitations: Retrospective study.

Conclusion: Rates of stimulation loss and radiographic lead migration are similar for both laminotomy and percutaneous implantation. Time to loss of stimulation was not statistically different in either group, although there was a trend toward laminotomy leads migrating earlier. Lead type and laterality of symptoms do not affect lead migration rates. The effect of the level of implant and diagnosis was indeterminate.

Key words: Neuromodulation, spine, stimulation, complication, migration, pain

Pain Physician 2011; 14:513-524

www.painphysicianjournal.com

pinal cord stimulation (SCS) has been used to treat pain from a variety of pain conditions since Shealy et al (1) proposed its use based on Melzak and Walls' (2) gate control theory of pain where stimulation of faster lower threshold nerve fibers effectively blocks slower pain fibers. Its effectiveness has been demonstrated in randomized prospective trials and systematic reviews for a variety of conditions including failed back surgery syndrome (FBSS), peripheral neuropathies, complex regional pain syndrome (CRPS), and postamputation pain (3-25). Initial placements of the first electrodes were subdural with the complication of cerebral spinal fluid leak and fibrosis (1). Epidural placement has been the preferred location for SCS since the findings of Burton (25) which found comparable results. The most common complication limiting efficacy has been loss of pain coverage due to lead migration. A 2004 metaanalysis of 2,700 implants by Cameron (26), covering 20 years of literature, demonstrated lead migration as being the most common complication with a migration rate of 13.2% and unwanted stimulation suggestive of subtle lead displacement of 2.4 %. Percutaneous and laminotomy methods for implantation have been used. Earlier studies by Le Doux et al (27) using laminotomy leads and Racz et al (30) using quadrapolar percutaneous leads noted high migration rates of 31.3% and 69.2% respectively. The superiority of laminotomy leads was further suggested by North et al (29) in a 1993 retrospective review of 320 patients over 20 years. The authors reported migration rates to be greater in percutaneous leads after one year with overall rates approaching 22% at 17 years. The study was not clear if the percutaneous lead group and laminotomy lead group had the same diagnosis and had equal distribution in terms of the implant's spinal level. The study was not specific for rates of radiographic proven migration versus loss of concordant stimulation. Rosenow et al (30), in their review of failure modes in implants performed from 1998 through 2002, found no differences in laminotomy versus percutaneous lead implant, but their study had a low number of laminotomy leads with percutaneous leads having a much higher percentage of patients with implantation in the problematic cervical level, which has been reported to have higher technical failure rates (30-32). Newer leads, multiple lead configurations, complex programming and anchoring systems such as the Titan anchor (Medtronic Corporation, Minneapolis, MN) have been used recently. Along with multiple developments,

other techniques and consequences of stimulation have been described (33-39).

Our study sought to test the hypothesis that lead migration rates, as proven radiographically, are equal in percutaneous versus laminotomy style leads given present SCS technology. We also wanted to see if there are certain characteristics such as symptom laterality, diagnosis, lead type, depression, and the implant's specific level are predictive for current spinal cord stimulator technology failures.

Methods

Neurostimulators implanted in the thoracolumbar spine at Henry Ford Hospital in Detroit Michigan from 2006 to 2008 were reviewed for the following: age, sex, diagnosis, lead type, implant level, implant method, symptom laterality (unilateral or bilateral), loss of stimulation, radiographic evidence lead migration, and time to loss. Records were retrieved from the electronic record. All percutaneous leads were implanted by the first author through the department of anesthesiology (pain medicine division) at Henry Ford Hospital with Titan anchors (Medtronic Corporation, Minneapolis, MN) used at implant. All laminotomy leads were implanted by a single neurosurgeon at Henry Ford Hospital. All implanted leads were from a single manufacturer (Medtronic Corporation, Minneapolis MN). Prior to implantation, patients underwent clearance with a neuropsychologist and underwent spinal cord stimulator trial via percutaneous placement of epidural spinal cord stimulator leads using Pisces-Quad or Pisces-Octad leads (Medtronic Corporation, Minneapolis, MN) for 5 days. Patients who underwent percutaneous implant with bilateral symptoms had 2 leads placed. Patients who derived > 50% relief underwent implant. Following the pain clinic's protocol, patients implanted by neurosurgery or anesthesia's pain service were followed up in the anesthesia pain clinic for postoperative care and stimulator reprogramming. Patients who had a loss of concordant stimulation had radiographs taken to rule out evidence of lead migration. The radiographs were read by a radiologist at Henry Ford Hospital and were reviewed by the implanting physician. Rates of loss of concordant stimulation capture and radiographic evidence of lead migration in the laminotomy and percutaneous groups were compared using Fisher's exact test. Variables within each group, such as lead type, level of implantation, location of symptoms, and diagnosis, were compared using Fisher's exact test. The length of time to loss of concordant stimulation despite reprogramming was compared between the laminotomy and percutaneous groups using the Wilcoxon 2-sample test. Student's t-test was used to test for an age/gender difference between the 2 groups while the chi-square test was used to calculate the *P* value. The electronic medical records were reviewed for evidence of a new onset of depression or worsening of depression such as clinician or patient report, referral to psychiatry, an increase or change in antidepressants, or a new addition of medications for depression since implant and prior to reports of loss of stimulation. The records were also reviewed to see if the patients who maintained concordant stimulation found the stimulation no longer pleasant or painful. Fisher's exact test was used to evaluate any differences based on the previously mentioned parameters.

RESULTS

Demographics

A total of 71 patients had surgical implantation with laminotomy leads and 22 patients had percutane-

Table 1. Age and gender.

ous implantation during the time period studied. In the laminotomy group 70% (n = 50) were female and 30% (n = 21) male. In the percutaneous group 77% (n = 17) were female and 23% (n = 5) were male (Table 1). No significant gender difference was noted between the 2 groups (P = 0.5316). The average age in the laminotomy group was 55.4 versus 62.2 in the percutaneous group (Table 1). The percutaneous group was significantly older than the laminotomy group (P=0.0258). The 2 study groups had comparable numbers of patients with bilateral symptoms; the laminotomy group had 43.95% with bilateral symptoms versus 54.54% in the percutaneous group. The levels implanted in the laminotomy group ranged from T6 to T12 with the most at T10 (n = 26) (Fig. 1). The levels implanted in the percutaneous group ranged from T6 to L1 with the most at T8 (n = 9) (Fig. 2). FBSS was the diagnosis for the majority of those in the laminotomy group; the majority of the percutaneous group had a diagnosis of lumbar radiculopathy (Figs. 3-4). One-half of the percutaneous group received Pisces-Quad leads; the other

#Variable	Response	All (n = 93)	Surgical (n = 71)	Percutaneous (n = 22)	P value
Age	N mean (SD)	93 57.0 (12.6)	71 55.4 (12.3)	22 62.2 (12.3)	0.0258*
Candan	Female	67 (72%)	50 (70%)	17 (77%)	0.5316
Gender	Male	26 (28%)	21 (30%)	5 (23%)	

* The student's t-test







half, Pisces-Octad (Medtronics Corp., Minneapolis, MN) leads. The leads used in the laminotomy group were as follows: Resume TL 12.7% (n = 9), Specify 39.4% (n = 28), Specify (565) 22.5% (n = 16), and Specify (Hinged) 25.4% (n = 18).

Percentage Loss of Concordant Stimulation and Radiographic Evidence of Lead Migration

Loss of concordant stimulation despite reprogramming was 24% (n = 17) in the laminotomy group

versus 23% (n = 5) in the percutaneous group without a significant difference in loss rates between the 2 groups (P = 0.787) (Table 2). Thoracolumbar radiographs were performed on 16 of the 17 laminotomy group patients who lost coverage with 50% showing definite lead migration (Table 3) (Figs. 5-6). Radiographs were performed on all 5 patients who lost concordant stimulation in the percutaneous group with 60% showing radiographic evidence of lead migration (Table 3). The differences between the 2 groups were not significant (P = 0.999). All patients who lost coverage had functional leads and an internal pulse generator with normal impedances on telemetry. The average time to loss of capture of concordant stimulation for the laminotomy versus percutaneous group was 124.8 days versus 304.8 days respectively (Table 4). The difference, however, was not significant (P = 0.060).

The Effect of Level of Implant, Laterality of Symptoms, Diagnosis, and Lead Type on Percentage Loss of Concordant Stimulation

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#Variable	Response	Laminotomy (n = 71)	Percutaneous (n = 22)	P value
Descriptions	No	17 (24%)	5 (23%)	0.787*
Recapture	Yes	54 (76%)	17 (77%)	

* Fisher's exact test

Table 3. Radiographic evidence of lead migration by treatment group.

Variable	Laminotomy (n = 16)	Percutaneous (n = 5)	P value
Yes	8 (50%)	3 (60%)	0.999*
No/Indeterminate	8 (50%)	2 (40%)	

* Fisher's exact test



Fig. 5. Left: Subject 1 radiograph at baseline. Right: Subject 1 radiograph showing inferior migration



Fig. 6. Left. Subject 2 radiograph at baseline. Right: Subject 2 radiograph showing inferior migration

Group	n	Mean (SD)	P value
Laminotomy	17	124.8 (135.4)	0.060*
Percutaneous	5	304.8 (328.9)	

Table 4. Time to loss of concordant stimulation (days) by treatment group.

In the laminotomy group, 3 (33%) with Resume TL had lack of recapture compared to 8 (29%) with Specify, 3 (19%) with Specify 565, and 3 (17%) with Specify Hinged. In the percutaneous group, patients either had Pisces-Octad and Pisces-Quad leads. Comparisons of recapture rates among these laminotomy and percutaneous electrode groups were not significant (P = 0.687, P = 0.371) (Tables 5, 6). In the laminotomy group, the majority of patients had implants in T10 (n = 26) but only 3 (12%) had lack of recapture. Among patients with implants in T8 (n = 18), 7 (39%) had lack of recapture rates is not able to be calculated due to

multiple counts of 0 and the large number of levels. In the laminotomy group, the majority of patients were post laminectomy (n = 59) (Table 7). Of these, 11 (19%) had a lack of recapture. In the percutaneous group, the majority of patients had lumbar radiculopathy (n = 15) (Table 8). Among these patients, 2 (13%) had a lack of recapture. There are not enough data to do comparisons and groups would need to be condensed. In the laminotomy group, among those with bilateral symptoms, 12 (30%) had a lack of recapture compared to 5 (16%) of those with unilateral symptoms. In the percutaneous group, among those with bilateral placement, one (8%) had a lack of recapture compared to

	Lack of recapture (n = 17)	Recapture (n = 54)	P -value
Resume TL	3 (33%)	6 (67%)	0.687*
Specify	8 (29%)	20 (71%)	
Specify 565	3 (19%)	13 (81%)	
Specify Hinged	3 (17%)	15 (83%)	
* Fisher's exact test			

Table 5. Effect of electrode type on lack of recapture rates, Laminotomy Group.

Table 6. Effect of electrode type on lack of recapture rates, Percutaneous Group.

	Lack of recapture (n = 5)	Recapture (n = 22)	P -value
Octad	2 (13%)	14 (88%)	0.3705*
Quad	3 (27%)	8 (73%)	

* Fisher's exact test

Table 7. Effect of diagnosis on lack of recapture rates,Laminotomy Group.

	Lack of recapture (N=17)	Recapture (n = 54)
CRPS	5 (63%)	3 (38%)
Lumbar radiculopathy	0	0
Post-herpetic neuralgia	0	1 (100%)
Neuropathy	1 (33%)	2 (67%)
FBSS	11 (19%)	48 (81%)
Post thoracotomy	0	0

Table 8. Effect of diagnosis on lack of recapture rates, Percutaneous Group.

	Lack of recapture (n = 5)	Recapture (n = 22)
CRPS	1 (50%)	1 (50%)
Lumbar radiculopathy	2 (13%)	13 (87%)

4 (29%) of those with unilateral placement (Tables 9, 10). There was not a statistically significant difference between unilateral or bilateral placement in the lack of recapture rates in either the laminotomy group or the percutaneous group (Table 8).

Depression and Loss of Stimulation Rates

None of the patients who maintained concordant stimulation reported unpleasant stimulation. Evidence of increased depression was seen in 8.6% (n = 8) of all patients. Five of the 8 patients with increased depression reported a loss of concordant stimulation. Four out of 5 of those patients had no radiographic evidence

of lead migration. The probability of those with depression losing concordant stimulation (63%) was significantly higher compared to the probability of those without depression losing stimulation (20%) (P = 0.017). The odds ratio of losing stimulation if depressed versus not depressed was 6.67 with a 95% confidence interval (1.45, 30.69). The probability of those with depression having a loss of stimulation with no radiographic migration (80%) was not significantly different than those without depression (38%) (P = 0.149). The odds ratio of those with depression with loss and no radiographic migration versus those without depression was 6.67 with a 95% confidence interval (0.6, 74.51).

	Lack of recapture (n = 17)	Recapture (n = 54)	P -value
Bilateral	12 (30%)	28 (70%)	0.263*
Unilateral	5 (16%)	26 (84%)	
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Table 9: Effect of unilateral/bilateral placement on lack of recapture rates, Laminotomy Group.

* Fisher's exact test

Table 10. Effect of unilateral/bilateral symptoms on lack of recapture rates, Percutaneous Group

	Lack of recapture (n = 5)	Recapture (n = 22)	P value
Bilateral	1 (8%)	12 (92%)	0.326*
Unilateral	4 (29%)	10 (71%)	

* Fisher's exact test

DISCUSSION

Improvements in Migration Rates

The rates of percutaneous lead migration in this present study has shown improvement over the earlier 1989 study by Racz (28) who reported rates of 69% in 26 patients who underwent implant. Twenty-five of the patients had thoracolumbar implantation with the most common direction of migration anterolateral. Only a minority of lead migration could be detected by radiographs as in our present study. The rates of migration reported by Racz are in stark contrast to a 1991 study by Le Doux (27) who placed Resume laminotomy leads in the thoracic level for FBSS and reported 31.25% rates of lead migration. Later studies have shown improvement in reported lead migration for both lead types, especially with the introduction of multichannel leads and complex reprogramming (6,40-49). Kumar (30) in 2006 reported overall lead migration over 22 years of 21.5%, although he used both laminotomy and percutaneous leads. This was consistent with the migration rates seen in our review, although 49 out of 88 displaced electrodes involved the older Sigma system. North (3) in 1993 further demonstrated the superiority of laminotomy leads in a 20year retrospective study of 320 patients with a mixed diagnosis, although 153 were for FBSS. He reported comparable lead migration at one year. After one year the percutaneous leads continued to migrate with a cumulative rate of 22% at 17 years. This time course difference was also seen in our present study with laminotomy leads losing concordant stimulation much earlier compared to percutaneous leads. Since only

a minority of the radiographs showed definite lead migration, one may speculate that very subtle movements can affect stimulation, and the relative greater scar tissue formation with surgical implantation may play a role in earlier migration in surgical implantation. What was not seen was a worsening of overall lead migration after one year with the percutaneous leads; ultimately, there were overall higher migration rates with percutaneous leads. The one limitation of their review may be the fact out of the 226 percutaneous lead implants, 131 involved monopolar or bipolar leads, which have less flexibility in reprogramming recapture. Alo et al (41) in 1998 reported revision rates of only 3.8% using an 8-electrode lead and complex programming . Mironer et al (43) in 2008 reported marked improvement in revision rates of 4% using a single midline percutaneous 8-contact electrode for low back pain in a retrospective review of 56 patients.

Laminotomy versus Percutaneous Implantation

Only a few small studies have directly compared surgical versus percutaneous implantation and those that did were not specifically looking at migration rates as a primary goal. Villavicencio et al (45) in 2000 published outcomes in 27 patients implanted with spinal cord stimulators from 1992 to1998 for low back pain. Fifteen received percutaneous implant with Pisces-Quad and 12 received surgical implantation with Resume leads. The laminotomy leads demonstrated better pain control. Lead "displacement" rates were high for both techniques. Repositioning was required for 58% of laminotomy leads and 60% of percutaneous leads (45). North et al (46) performed a small randomized controlled trial comparing percutaneous and laminotomy leads in 2005 with 12 patients having Resume leads placed surgically versus 12 percutaneous Pisces-Quad leads placed for lumbar failed back syndrome. They reported greater success as defined by patient satisfaction and > 50% reduction of pain, but this discrepancy disappeared at a 2.9 year follow-up. No lead migration, however, was seen in either group (45). Rosenow et al (30) published a retrospective review of failure modes in spinal cord stimulation hardware implanted from 1998 to 2002. A total of 289 implants were reviewed with 176 performed for CRPS, 182 for FBSS, and the rest being for a multitude of diagnoses. Eighty percent were percutaneous Pisces-Quad or Quad Plus; 20% were laminotomy Resume or Specify leads. Thoracic level implants numbered 212 and cervical level implants numbered 102. They reported a migration rate of 12% in the percutaneous group versus 11.4% in the laminotomy group with no statistical analysis performed. They also reported "poor coverage" rates separate from the migration rate as being 12.3% in the percutaneous group versus 10.3% in the surgical group (30). As our study showed, only 50%-60% of the time can radiographic evidence of migration be detected in patients who lose concordant stimulation. When combining migration and lack of coverage rates in Rosenow's study, the results show a combined loss of concordant stimulation for the percutaneous group of 24.3% and for the laminotomy group of 21.7% (30). These are similar to the results in our present study. Several studies have, however, shown the advantages of laminotomy leads beyond better pain control. Laminotomy leads have been reported to cause more comfortable stimulation with less dorsal root stimulation (43-46). They may also have the advantage of better overlap rating, overlap calculation, and amplitude requirement according to North et al (44,46,47). The amplitude advantage may be less given the introduction of newer rechargeable internal pulse generators.

Factors Affecting Lead Migration and Loss of Concordant Stimulation

The spinal level of implantation has been reported to affect migration with the cervical region reported to have higher revision issues and migration (27,45). Our study concentrated on thoracolumbar levels so an equivalent comparison could be performed. Rosenow et al (30), in their retrospective analysis of failure modes, also compared higher rates for all failures between the diagnoses of CRPS and FBSS. Part of the difference could be explained by the different spinal levels of implant, as discussed previously. Due to the multiple number of diagnoses and multiple different individual levels implanted, it was difficult to draw a conclusion (30). The lead type, based on the configuration and number of leads, however, did not affect the lack of recapture rates or radiographic migration rates. This is consistent with Rosenow's previously mentioned review (30). The laterality of symptoms to be covered by stimulation also did not significantly impact complications. During the writing of this manuscript, we were informed by Medtronic of a recall of the Titan anchor due to delamination of the metallic clamps from the silicone sleeve. One could speculate if the migration rates for percutaneous leads might not have been lower or if a direct suture technique as proposed by Kreis et al (48) in 2009 was used instead of using the manufacturer's anchoring systems.

The literature on the role of depression in the efficacy of SCS was recently reviewed by Sparke et al (49). They reported 3 studies reporting the negative impact of pretrial depression on trial success. They reported the negative effect of depression on SCS's long-term efficacy. They noted, however, that none of the previous studies distinguished if depression was present before the SCS implantation or developed afterward. Two studies have actually reported improvement in depression with SCS, presumably due to better pain control (50,51). In the present study there was worsening depression with a patient who lost concordant stimulation. There was, however, no significant relation between depression and having a loss of stimulation without radiographic migration. Based on the previous findings, one may hypothesize that the depression was due to inadequate pain relief and not the cause for the reports of loss of stimulation.

Possible Causes and Prevention of Loss of Concordant Stimulation Without Radiographic Migration: Neuroplasticity and Epidural Fibrosis

Roughly 50% of the patients who lost concordant stimulation showed no definite radiographic migration. Tolerance to stimulation has been described by several authors since the early days of this technology's adoption (3,52,53). Its development is not absolute and may also be diagnosis dependent, as described by Andersen (54) in a 24 month study of spinal cord stimulation for angina pectoris in which no tolerance to stimulation was noted. There is a lack of literature on the mechanism and prevention of tolerance with SCS. Two possible causes are neuroplasticity and epidural fibrosis. Neuroplasticity has been described in several deafferent pain syndromes, angina, and peripheral vascular disease (55-58). The effects of SCS at the supraspinal level have been reported by Clavo et al (59) where increased cerebrovascular blood flow was demonstrated with cervical stimulation and Schlaier et al (60) who demonstrated changes in cortical excitability. At the infraspinal level, the mechanism of SCS has been shown to involve augmentation of gamma-aminobutyric acid (GABA) and adenosine (61,62). There is evidence of disinhibition of antinociceptive pathways from the periagueductal grey matter (PAG) leading to release of serotonin and substance P (63,64). One may speculate that tolerance may be due to depletion of these neurotransmitters. This has been described in a correlate to SCS in the form of cortical stimulation.

Hosobuchi (65) reported a case series of subcortical stimulation for intractable pain. He reported tolerance in the PAG and thalamic stimulation, which was reversed with L-tryptophan (precursor to serotonin) and methyldopa respectively (65). Kumar et al (32), however, stated that the use of amitriptyline and L-tryptophan yielded poor results from his experience and speculated about the use of a stimulation holiday to reverse tolerance. North et al (3) found complex programming with multiple channel configurations decreased the loss of stimulation as an overall phenomenon. The intrathecal administration of baclofen (a GABA agonist) has been shown to significantly increase the effects of SCS in both animal and human models (67,68). Both oral and intrathecal use of baclofen may warrant further study

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in the prevention or reversal of tolerance.

Epidural scarring has also been implicated in the loss of efficacy of SCS (69,70). Nashold et al (71) speculated that tissue reaction around the electrodes he saw on reimplantation and autopsy may be responsible. Reynolds (72) presented a case report of loss of efficacy and need for increased amplitude to achieve stimulation for torticollis. The patient subsequently developed spastic quadriparesis and on re-exploration of the implant site noted dense scar formation around the electrode. Dam-Hieu (73) reported 2 cases of tolerance development followed by cervical cord compression due to delayed lead scarring.

CONCLUSION

There has been steady improvement in the rates of loss of concordant stimulation and radiographic lead migration for both percutaneous and laminotomy leads to the point of parity between both methods of implant. Laminotomy leads trended toward an earlier loss of stimulation and migration in our present study. Individual lead type and laterality of symptoms did not affect migration rates. Loss of stimulation could not always be correlated to radiographic migration. This study is still limited by its retrospective nature and the small number of percutaneous compared to laminotomy implants, which limited some of the comparisons and may affect the significance of the results.

ACKNOWLEDGMENT

We would like to thank the editorial board of *Pain Physician* for review and constructive criticism in improving the manuscript.

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